

# Our Family Digital Covenant

A Faith-Centered Agreement for Technology Use at Home

As a family rooted in faith, we commit to using technology in ways that honor God, protect our relationships, and nurture our souls. We promise to hold each other accountable with love and grace.

## ✦ IMAGO DEI

### We Remember Our Dignity

We will not let likes, followers, or screen time define our worth. Each person in this family is created in God's image — infinitely loved.

## ✦ CO-CREATION

### We Create More Than We Consume

We will use technology to build, learn, and serve others — not just to scroll. We commit to at least one creative act per week using tech.

## ✦ MORAL CONSCIENCE

### We Pause Before We Post

Before sharing anything online, we ask: Is it true? Is it kind? Does it build up? We will not participate in gossip, bullying, or deception online.

## ♥ COMMUNION

### We Prioritize Real Connections

Devices are put away during meals, family prayer, and quality time. We will use technology to strengthen — not replace — our relationships.

## ✦ WONDER & AWE

### We Make Space for Silence

We designate tech-free times for prayer, nature, and rest. We believe some of life's greatest moments happen offline.

## FAMILY MEMBERS

\_\_\_\_\_  
Name & Signature

\_\_\_\_\_  
Name & Signature

\_\_\_\_\_  
Name & Signature

## OUR COMMITMENT

\_\_\_\_\_  
Name & Signature

\_\_\_\_\_  
Name & Signature

\_\_\_\_\_  
Date